

# BINGE EATING DISORDER CARE PATHWAY

During clinician visit with patient

Indicators for BED Screening:  
Disordered Eating • History of ED  
History of Dieting • Emotional Eating  
Self-Diagnoses of BED

Screen for BED

Positive Screen  
(yes to 4/4)

Negative Screen  
(yes to 0-3)

Screen for body image concerns

Positive Screen

Negative Screen

Refer to St. Joe's BED Program

- 20 weeks
- Body image concerns addressed

Refer to HFHT BED Group

- 16 weeks
- Body image concerns **not** addressed

Discuss referral to appropriate treatment for eating issues if identified in BED screen:

- RD and/or Nutrition groups (Healthy You, Craving Change)
- MHC and/or Mental Health groups (depression or anxiety group)