Nurse Performed Flexible Sigmoidoscopy Preparation

APPOINTMENT INFORMATION

Your Flexible Sigmoidoscopy appointment has been booked:

Date: ______
Time: ______

Location: St. Joseph’s Healthcare
          Endoscopy Unit, 3rd Floor, Mary Grace Wing

*Please arrive 30 minutes before your scheduled appointment to be registered.

WHAT YOU NEED TO DO

BEFORE YOUR PROCEDURE, you will need to purchase two Fleet® rectal enemas from a pharmacy. One should be taken at home the night before your scheduled appointment and the second one the morning of your scheduled appointment. (Please ask your pharmacist for further instructions). If any food must be consumed after the enemas but prior to your appointment, please keep it to a bare minimum, being sure to eat only light foods such as soup or yogurt.

If you require further instruction or need to change your appointment, please contact the nurse at (905)522-1155 ext. 32219.