

# The top 10 reasons to ask about adult immunization:

10. You haven't checked your immunization record for years
9. Your occupation or lifestyle exposes you to infection
8. You're a health care provider or caregiver
7. You have a medical condition
6. You're a student living in residence
5. You're a parent or grandparent
4. You're a gardener or work with soil
3. You plan to travel to another country
2. You're pregnant or plan to be

## AND THE #1 REASON YOU SHOULD ASK ABOUT ADULT IMMUNIZATION IS...

1. You want the best protection against preventable diseases

There are many more reasons. Ask your doctor, nurse, local public health office or pharmacist about your specific immunization needs.

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**Immunization is not just for kids!**



Canadian Coalition  
for Immunization Awareness  
& Promotion (CCIAP)

**immunize.ca**