

Hamilton Family Health Team - Optometrist Contact List – 6 Month Eye Exams- November 2016

The Ontario Association of Optometrists (www.optom.on.ca) recommends that infants 6 months of age receive a full eye examination with an Eye Doctor (Optometrist). OHIP covers these initial visits as well as annual visits until 19 years of age. It is especially important for parents to have their children’s eyes checked before attending school. In Hamilton we have “Eye See Eye Learn” which provides a free pair of glasses to Junior Kindergarten children who are in need. Some Eye Doctors do not have the right equipment to see children. If yours does not, or if you do not have an Eye Doctor, the list below provides contact information for Optometrists who will see infants at 6 months of age or older.

Hamilton Mountain

Name	Contact Information	Clinic Location	Notes
Drs. Alfano & Dr. Sabatini	(905) 388-3573	225 - 1508 Upper James St (in Mandarin plaza in Foresight Eyewear) Hamilton, ON, L9B 1K3	Open daily Monday-Friday and Saturday mornings.
Walmart Vision Centre	(905) 538-7757	675 Upper James St, Hamilton, ON, L9C 2Z5	Doctors work on Tuesdays only.
Mountain Eye Care	(905) 389-4201 or www.mountaineyecare.net	535 Upper Wellington Street, Hamilton, ON L9A 3P7	Can book online or by phone. Open daily Monday-Friday and Saturday mornings
A. A. Jones Optical (Dr. Bebawy)	(905) 389-7330 www.aajonesoptical.com .	1 - 623 Upper Wellington S, Hamilton, ON, L9A 3R2	Doctor works only on Mondays.
Dr. J. Nardone & Associates	(905) 528-7440 www.nardoneoptometry.ca	14 - 550 Fennel Ave. E, Hamilton, ON, L8V 4S9	Open Monday-Friday and Saturday mornings
Spectrum Family Eye Care - Dr. Hutchinson/Dr. Moeinifar are Pediatric Optometrists	(905) 575.3937 or book online www.spectrumfamilyeyecare.ca	999 Upper Wentworth St, Hamilton, ON. L9A 4X5	Dr. Hutchinson and Dr. Moeinifar are available Tuesday, Wednesdays, and Thursdays.
Dr. Lee & Dr. Matharu	(905) 387-1607 www.facebook.com/pages/Dr-Otto-CW-Lee-and-Associates	6 - 505 Rymal Rd E, Hamilton, ON, L8W 3X1	Open alternate Saturdays.
Dr. Erdie & Dr. Martin	(905) 389-9302 www.dralexerdie.ca	1119 Fennel Ave. E, Hamilton, ON, L8T 1S2	Open Monday-Thursday, Friday 9-2pm
Focus Eyecare	(905) 561-5678	284 Mud Street W, Hamilton, ON, L8J 3Z6	Doctor works only Tuesdays and Saturdays.

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Stoney Creek

Name	Contact Information	Clinic Location	Notes
Eastgate Optometric Clinic	(905) 561-1110 www.drjangeyecare.com	C10 - 75 Centennial Pkwy, Stoney Creek, ON ,L8E 2P2 (in Eastgate mall beside LensCrafters)	Open daily Monday-Friday and Saturday and have some Sunday availability too
Optometry Clinic of Stoney Creek	(905) 662-1375 www.optometryclinicofstoneycreek.com	20 King St. W, Stoney Creek, ON, L8G 1G8	Open daily Monday-Friday and Saturday mornings. Evening appointments available Tuesday-Thursday.
Dr. David A. Dueck & Associates	(905) 662-8863 www.dueckoptometry.com	110 - 15 Mountain Ave S, Stoney Creek, ON, L8G 2V6	Open daily Monday-Friday and Saturdays.
Stoney Creek Optometry Dr. Edward Hadzocos	(905) 664-5949 www.stoneycreekoftometry.com	Stoney Creek Professional Arts Building (beside Fiesta Mall) 980 Queenston Road. Suite 202, Stoney Creek, ON L8G 1B9	Open daily Monday-Friday and Saturdays.

Hamilton Downtown

Name	Contact Information	Clinic Location	Notes
Dr. Eric Lo and Associates	(905) 578-4679	101 - 631 Queenston Rd, Hamilton, ON, L8K 6R5	Infant visits are usually Tuesday-Friday.
Dr. Barrios Optometrist	(905) 549-0222	1241 Barton St. E, Hamilton, ON, L8H 2V4 Right inside the Optical Factory in Centre Mall	Monday, Wednesday, Friday only for infant visits.
Dr. R. Devram	(905) 667-0138 (905) 527-5277	M4 -414 Victoria Ave. N, Hamilton, ON, L8L 5G9 164 ½ King Street East	Monday, Wednesday and Friday only. Thursdays 9-12 only (not wheelchair accessible)
Dr. Sheldon W. Salaba or Dr. Takhar	(905) 540-3937 www.advancedvision.ca	67 Queen St. S, Hamilton, ON, L8P 3R6 in Advanced Vision Eye Wear Boutique	Tuesday- Friday for infant exams

Dundas

Name	Contact Information	Clinic Location	Notes
Dundas Optometry Clinic	(905) 628-5866 Email: dundasoptometry@cogeco.net www.dundasoptometry.com	241 King St W, Dundas, ON, L9H 1V8	Open daily Monday-Friday and Saturday mornings (except for July, August and long weekends)
Valleytown Eye Care	(905) 628-6521 www.valleytowneyecare.com	16 King St W, Dundas, ON, L9H 1T7	Monday-Friday 9-5, Tuesdays 9-6:30
Dr. Robert Stodulka Optometrist	(905) 627-8851 www.dundasoptometrist.com	8 - 49 King St E, Dundas, ON, L9H 1B7	Appointments only available Tuesdays and Wednesdays.

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Waterdown

Name	Contact Information	Clinic Location	Notes
Waterdown Optometric Clinic	(905) 689-7234 or www.waterdownoptometric.ca Email: info@waterdownoptometric.ca	301 Dundas St E, Waterdown, ON, L0R 2H0	Can book online or by phone. Open daily Monday-Friday (including Wednesday evening) and Saturdays by appointment
Town Optical and Eye Care- Dr. Mark Jamieson Dr. Sayer	Telephone: 905-689-7711 Email: info@towneyecare.ca www.towneyecare.ca	255 Dundas Street East (at Hamilton St inside the Sobeys Plaza) Waterdown, ON L0R 2H6	Open daily Monday-Friday (Thursday evenings) and Saturdays.

Freelton

Name	Contact Information	Clinic Location	Notes
Dr. Janice Van Wyngaarden Dr. Charlie Alfano	(905) 659-3937 www.doctoreyes.ca	835 Regional Rd. 97, Freelton, ON, L0R 1K0	Monday-Tuesday 830-430 Wednesday-Thursday 11-730 Friday morning

Ancaster

Name	Contact Information	Clinic Location	Notes
Ancaster Eye Clinic	(905)-648-2020 or (905) 648-0900 www.ancastereyeclinik.com	44 Wilson St. East, Ancaster, ON, L9G 5A8	Open Monday-Friday and Saturday mornings in the winter.
Village Eyecare Optometrists	(905) 304-3371	16 - 54 Wilson St W, Ancaster, ON, L9G 3T8	Open Monday-Thursday and alternating Fridays and Saturdays
20/10 Vision Associates	(905) 304-4695 to book 905-648-1001	100 Legend Court, Ancaster, ON, L9K 1J3	2010visionassociates@gmail.com for questions.
Meadowlands Eye Clinic	(905) 648-3762	35 Stone Church Road (by Canadian Blood Services), Ancaster, ON, L9K 1S5	Doctor available Monday and Wednesday afternoons, Friday and Saturday mornings
Berg Optometry (Hanley's Eyewear Boutique) Dr. Graham Berg	(289) 346-9773 www.hanleyseyewearboutique.ca	398 Wilson Street East, Ancaster, ON, L9G 2C3	Dr. Berg is in the clinic 2-3 times per month; call to book. Appointment times are flexible, evenings are available. Office hours are Tuesday-Friday and Saturdays.

Disclaimer: This information is provided for contact purposes only. The writer, the HFHT, and your health care provider do not accept any responsibility or liability for the services provided by these contacts.

Note: If you are an Optometrists office listed above and your information has changed, or if you are not listed but would like to be, please contact the Hamilton Family Health Team at 905-667-4848.

This list is posted on the Hamilton Family Health Team website: www.hamiltonfht.ca/Provider/child-health. Please ensure you are using the most up to date version.