

Nurse-Family Partnership is a voluntary program where highly educated nurses visit low-income women in their homes during their first pregnancy and throughout the first two years of their children's lives to accomplish three goals:

Improve

- Improve pregnancy outcomes by helping women engage in preventive health practices, including obtaining thorough prenatal care from their healthcare providers, improving their diet, and reducing their use of cigarettes, alcohol and illegal substances;

Improve

- Improve child health and development by helping parents provide responsible and competent care for their children; and

Improve

- Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future, plan future pregnancies, continue their education and find work.



First time in Canada Now available in Hamilton

Referral Criteria:

- Young first-time mothers
- Less than 28 weeks prenatal gestation
- Low income



Funding for this project provided by the Hamilton Community Foundation



For more information:

Nurse-Family Partnership
The City of Hamilton
Public Health Services
Family Health Division
110 King St. W., 2nd Floor
Hamilton, ON L8P 4S6
Phone 905.546.2424 ext. 3655 or 6605
Fax 905.546.3592
Email Dianne.Busser@hamilton.ca
Christina.Douglas@hamilton.ca



"We know the dramatic effect good parenting can have on children. When Nurse-Family Partnership empowers these young women with critical skills and knowledge, fragile families learn how to become healthy families. This is a valuable investment in prevention."

– Estelle Richman, Secretary of Public Welfare, Pennsylvania



Nurse-Family Partnership has been carefully tested during nearly 30 years of ongoing, longitudinal, randomized trials. These scientifically controlled studies have found consistent and dramatic benefits for first-time, low-income mothers and their children. **Nurse-Family Partnership outcomes include:**

Consistent Program Effects Across Multiple Trials

- Improved prenatal health
- Fewer childhood injuries
- Fewer subsequent pregnancies
- Increased intervals between births
- Increased maternal employment
- Improved school readiness



Program Effects at Child Age 15 in First Trial (Elmira, NY 1977)

Benefits to Mothers

- 61% fewer arrests
- 72% fewer convictions
- 98% fewer days in jail

Benefits to Children

- 48% reduction in child abuse and neglect
- 59% reduction in arrests

Benefits to Society

- \$17,180 lifetime cost savings for every NFP mother and child (Washington State Institute for Public Policy 2004)
- \$5.70 saved for every \$1 invested in high-risk families (RAND Corporation 2005)

Nurse-Family Partnership is growing. Plans are underway to make the program available to eligible, first-time mothers in many countries.

Nurse-Family Partnership
changes the life trajectories

for both mother and child – impact-
ing multiple generations.

"Nurse-Family Partnership is one of the few proven methods of preventing our children from tumbling into the juvenile justice system."

– Interim Report of the President's New Freedom Commission on Mental Health; October 29, 2002

"I knew I could trust her (the Nurse-Family Partnership nurse). She was comfortable talking about things I wouldn't talk to anyone else about. In an emergency, she was the first person I'd call and I don't know what I'd have done without her."

– "Giselle" 17 year-old mom



"The breadth of outcomes this program is able to produce is like nothing else we have been able to find. This is the gold standard for early-intervention programs."

– Jennifer Adler, Invest in Kids, Colorado